"RUN THE RACE!"

Hebrews 12:1-2



INTRODUCTION:

"let us <u>run</u> with patience the race that is set before us!"

3 marks of a long-distance champion:

I. His Heart is <u>ENCOURAGED</u> by past veteran runners (v. 1a)
(Therefore, since we have so great a cloud of witnesses surrounding us… let us run with endurance the race that is set before us)

II. His Body is <u>UNHINDERED</u> by <u>EXCESS WEIGHT</u> (v. 1b)
(let us also lay aside every encumbrance and the sin which so easily entangles us…)



III. His Eyes are <u>FOCUSED</u> on <u>ONE GOAL</u> (v. 2)
(…fixing our eyes on Jesus, the author and perfecter of faith,
who for the joy set before Him endured the cross, despising the shame,
and has sat down at the right hand of the throne of God.)