Proverbs 15 and the Tongue

Wisdom from Proverbs 15 on how to use my tongue:

1. Speak soft (gentle) responses (v.1)

2. Speak well thought out answers (v.2)

3. Speak solutions that bring help & healing (v.4)

4. Speak with insight, perception & wisdom (v.7)

5. Speak by offering advice at the right time (v.23)

6. Speak with kindness & pleasantness (v.26)

7. Speak with restraint & self-control (v.28)

8. Speak with encouraging, positive body language & encouraging content (v.30)